COVID-19 INFORMATION FOR FAMILIES

HEALTH CENTER TEAM & FACILITIES

We are fortunate to have a great team in our Health Center this summer made up of two veterans, our nurse, Vicki Setzer, and our paramedic, Nancy Carney. They will be joined by our Health Assistant, Zoe Tardiff, who's certified in Wilderness First Aid and CPR. Zoe is pursuing a degree in Health Sciences at UNH. Support will also come from our long-time nurse, Cathie McGuirk. We are grateful that we have a medical consultant to work with us in creating our plans for testing and safety protocols who is well versed in COVID-19 practices and considerations, Dr. Sarah Haessler, MD, MS. She is in the Division of Infectious Diseases at Baystate Medical Center in Springfield, MA. Since Dr. Haessler is an alum of Fleur de Lis, she understands the need for health practices and camp practices to work together.

In addition to our great health care team, we have also upgraded our Health Center facilities with a separate bathroom for our isolation area, the allocation of additional space for health services, the addition of handwashing and sanitizing stations and much more.

PRIOR TO CAMP PROTOCOLS

One of the critical factors in creating a healthy camp environment is what happens prior to a camper's arrival.

Please be extra careful in the days and weeks prior to camp.

- Avoid unmasked indoor gatherings with friends and family outside of immediate family household.
- Avoid public restaurants and indoor recreational activities.
- Avoid large public outdoor gatherings.
- Practice social distancing and/or wearing masks in the event of being outdoors with people other than immediate family household.
- In-person school or in-person summer programs that are following masking and social distancing requirements are fine.

Daily Health Screening: Each camper will need to have a daily health screening completed and submitted for the 7 days before the camp session. This will be done through the CampInTouch Campanion App, or by logging into your CampInTouch account. A reminder and directions will be sent prior to the 7-day time frame. Click here to preview the web-based and click here to preview App.

Pre-Arrival COVID Test (See the Testing Section for more Information)**:** All campers will need to show a negative PCR Covid-19 test within 5-7 days prior to arriving at Fleur de Lis.
There are **two exceptions** to this prearrival test and the other scheduled screening tests.

1. Fully vaccinated campers (defined as two full weeks past final dose) will not need to present a prearrival PCR test or participate in the other two scheduled PCR tests. Proof of vaccination will be required. Vaccination documentation can be uploaded to your camper's account in the Forms section.

2. If your camper has had a positive COVID test dated within 3 months of arrival, they do not need to do the prearrival or other scheduled screening tests. Proof of a positive test will be required. Test documentation can be uploaded to your camper's account in the Forms section.

   Note: If someone in your family, or a close contact of your camper or family, tests positive for COVID-19 in the days or weeks prior to camp, please inform us immediately, so we can work together on a safe entry plan.

Getting everyone to camp virus-free gives us the best chance to maintain a healthy camp community for the entire season. We all need to be vigilant and do our part to ensure that our campers and staff enter camp without the virus. Because of this, we ask for your utmost compliance with the pre-arrival and camp protocols described in this "Covid Information for Families" by signing the Community Health Pledge found on your CampInTouch forms page. **This is a requirement for attending camp.**

TESTING

We have chosen to partner with Zebra Health Solutions for our testing both prior to, and throughout the summer. Zebra Health provides COVID-19 testing solutions to meet the needs of many different organizations.

We have worked closely with Zebra Health Solutions to create a robust, non-invasive testing plan to protect our community. **Reminder: Fully vaccinated campers will not be required to participate in the following screening testing.**

Three Testing Steps:

Pre-Arrival: Zebra offers an at-home PCR saliva test for our families. We encourage you to use this test option that will be billed to your insurance. Each family will register their camper(s) online in the special database portal for Fleur de Lis Camp. Zebra will distribute information relating to ordering this test as well as a HIPAA release form to allow your child's results to be shared with Fleur de Lis Camp. The Zebra portal link will be sent in a separate email.

Zebra will send a test kit to your home with a prepaid return package to be sent to their lab for processing. The results will be uploaded directly to our portal and families will be notified of the results. **We strongly encourage families to utilize this testing option, but if for some reason a family elects a different test process, campers must still be registered so that they are in the database for camp on-site testing.** Reminder: According to CDC guidelines, if your camper has had a positive diagnosis of COVID within three months of arrival, they should not be tested as it will likely result in a positive test. Documentation of a positive Covid test result with the date will be required for your camper to come to camp.

Arrival Test

We are very excited that we will be using a rapid PCR test for arrival day! Campers will be tested with the Lucira rapid PCR test upon arrival. Results are typically ready within 30 minutes. Families will need to stay at camp in the car or designated outdoor area until the test results are completed. We will be providing you with an arrival time for check in so that we can accommodate the group safely.

5-7 Day Test
Between day 5 and 7 of the session, campers will be tested with a PCR saliva test. This test will be billed to the camper's insurance.

Testing as Needed Throughout the Summer
We will have additional PCR saliva tests available if needed throughout the summer. For symptomatic testing, we will utilize both PCR testing as well as the BinaxNOW rapid antigen test. We will only utilize rapid antigen testing for symptomatic patients, as research shows that there is an increased risk of false negatives when utilized for screening in asymptomatic individuals.

IN THE EVENT OF COVID SYMPTOMS

The camper will be isolated in the Health Center and receive a PCR test. The family will be notified when a camper is placed in isolation and updated with information. If the test result is negative, the camper will stay in isolation until symptoms resolve or for 24 hours. The same process will happen if the camper is vaccinated or is not vaccinated.

If the test result is positive, the camper will need to be picked up within 6 hours of parent/guardian notification.

Close Contacts of Symptomatic Individual
Close contacts of the symptomatic individual (i.e., living group or other close contacts) will be identified and be "quarantined" (staying together as a group for sleeping, eating, and activities) until the test results are back. If the test results are negative, the close contacts will be monitored for symptoms and tested as needed. If the test result is positive, all close contacts will be tested and monitored and will be in quarantine as a group for 10 days. They will still be able to participate as a group in activities and meals. You will be notified if your camper is placed in quarantine and then updated with information during the following days.

The **exception** to this process is that if a close contact camper is fully vaccinated, they will be monitored for symptoms but will not be required to quarantine.

If a child tests positive at camp, we will notify our entire camp community by email. We will notify our local health officials as well. We will not be able to share specific names or personal information. Family of "close contact" campers where a positive case was identified will be updated on their own child's health and will be provided with information as to the monitoring and management of the situation.

PODS, MASKS, SOCIAL DISTANCING AND OUTSIDE

Just like in a variety of places, we will have "Pods" or groups that will be comprised of typically two cabins or tents. This will be a camper's primary group for meals, sleeping or whenever masks are not able to be worn. When campers are in their pod living space, they will not need to wear masks. Once we have passed a successful second on-site test, this circle will be enlarged so that Fields will be able to interact together more freely. We are re-envisioning our large group activities so we can still have opportunities to be together as a full camp.

Because we are in a close congregant living situation that includes both vaccinated campers and staff and non-vaccinated campers, we will continue to follow all the NPIs, particularly masking and social distancing, as recommended for overnight camps by the State of NH, ACA and the CDC.

Three of our most important tools to use this summer in creating a healthy environment are being outdoors, wearing masks, and social distancing. In many situations, as we move deeper into the session, we will be following the rule of "2 of 3" of these tools. For instance, being outside and socially distanced = no masks needed, while being indoors and socially distanced = wearing masks.

DAILY SCREENING, SANITATION AND FACILITIES

We will be doing a simple daily health screening of all campers and staff throughout the summer. We will also be doing extra cleaning and sanitizing in high use areas and for high touch equipment.

MEALS AND SNACKS

Mealtime has always been a fun time at camp and this year we will still to be able to continue that tradition with a few modifications. We will have a Dining Tent in addition to our Dining Hall, so we will have plenty of room to spread out tables. Our wonderful Chef, Heidi, will be back with us this summer and she will be heading up our kitchen staff. We are planning on serving our meals from a staff-served buffet line on the Dining Hall porch with lots of delicious choices for everyone! Pods will sit together for meals in the Dining Tent or Dining Hall, and we will also be doing picnics and cookouts. Singing and announcements have always been a big part of our meals and they will happen this year all together outside at the end of the meal.

Morning snacks in single serve packages will still be a part of our schedule!

DRIVE THROUGH DROP OFF DAYS

Arrival Time: We will email you at least a week ahead of your camper's session with your arrival time at camp. Since we are doing rapid PCR tests, we will be scheduling a few Pods to arrive in the same window of time so that tests can be completed, and then campers will be ready to move into their tents or cabins together. We know that some of you have more than one camper so we will do our best to schedule your arrivals appropriately.

Preparation of Luggage: Reminder, our staff will be unloading and transporting your camper's luggage to their tent or cabin. Please label everything clearly and pack all items securely.

Preparation of Prescription and Non-Prescription Medications: All prescription medication and non-prescription medication (including vitamins, ointments, etc.) must arrive in its original container with dosage information. Please place all medications in a sealed Ziplock bag labeled with your camper's full name. **If you need to talk with our nurse prior to your camper's arrival, we will have time slots available for you to schedule a call. More information will be sent prior to your session.**

Arriving at Camp: Please have everyone masked when you arrive at camp. Staff will greet you and direct you in the drive through drop-off process at a couple of different points. Once your vehicle has reached the back porch of the Dining Hall, you will drop off your camper with their Ziplock bag of any prescription or non-prescription medications. You will then proceed to our luggage drop off area.

While you are going to luggage drop off, your camper will be doing their health check-in including the Covid test.

Luggage Drop Off: Please plan to stay in your vehicle while our staff unloads your camper's luggage. You will then be directed to wait at camp or nearby for the results of your camper's COVID test (approximately a ½ hour). Once a camper has received a negative test, they will join you for a quick goodbye hug.

DEPARTURE DAY

Pickup on the last day of camp will be similar to our drive through drop-off process. 2-Week campers will be leaving after lunch and 3.5 and 7-week campers will leave after breakfast. We will be sharing more specific details with you prior to your camper's departure day.

To support the health and safety of all, please inform Fleur de Lis if your camper tests positive within 14 days from the day of their departure from camp.

FLEUR DE LIS PROGRAM

People ask us all the time if camp will be different for the summer of 2021. The answer is YES and NO!!! The world is different, and camp will be a little different too. That said, our campers will be able to be together smiling, laughing, playing, and supporting each other in a beautiful place filled with joy and friendship. Never have we all needed community, laughter, and love the way we do now. We are working tirelessly to plan our daily schedule, evening programs, and special events that our campers are so accustomed to, and saying "how can we make it happen" in a safe way that preserves the spirit and traditions that we all love.

From day one, campers will be able to be unmasked and enjoy time with their Pod (typically two tents or cabins). The Pod is their "family" and with that family, they can feel comfortable to relax, participate in activities together, and eat meals as a group. We have created very busy Pod schedules for the early days of the session filled with the activities and fun evening programs. Once we have cleared the second camp test (after Day 5), we anticipate increasing the pod size to the age-group Field and having girls participate in their "choice" schedule of activities. One of the exciting aspects of this year is that we have redesigned the process campers use to choose activities so that they have more opportunities to make those choices. There will still be times for wearing masks, but we hope to minimize that by doing much of our program outside and spread out. Fortunately, campers have become well-adapted to wearing masks this year since they have been required as part of everyday life.

TRIPS

At this time, we are only planning on day hikes out of camp to lightly used hiking trails. We know that an overnight experience is great fun, so we are planning on in-camp overnights to pretty spots around our site, complete with tasty treats cooked over the fire.

FAMILY AND SIBLING TIME

Siblings and families will be able to see each other around camp and will be able to check in on each other in the first week and throughout the summer. They will need to follow the "rule of two"

especially in the first 6 days of camp. Once we have finished our second round of testing, siblings in different pods will be able to visit with each other more freely.

We know our campers are coming off a challenging year. Our leadership team and staff will work with each camper to help them feel emotionally and physically safe at camp from the moment they arrive. We know for some campers, testing and being in a larger group may come with some worry. We know that some campers have experienced heightened anxiety and stress this year and we will be there to support them every step of the way.

STAFF

We are thrilled to be able to tell you that currently almost all our staff have received their vaccinations, and we are working with the state health department to vaccinate staff who have not been able to be vaccinated before arrival. Most staff will be arriving two-weeks prior to our June Opening Day following the same low-risk activity guidelines and symptom monitoring that campers will follow. In addition to all the typical training we do during Precamp, training will be provided in Covid protocols, sanitation, podding, masking, and social distancing. We will also be working with our staff to build an understanding and strategies to support campers with the unique emotional challenges that they may face this year.

We do have a handful of "day staff" and administrative staff that will typically be masked in the presence of campers.

VISITORS

Following the best practices and guidelines for overnight camps, we will not be hosting family visiting days and we will be requiring that essential visitors or delivery people follow the NPIs of masking and social distancing.

A FEW UPDATES TO LOGISTICS AND PRACTICES

Camper Forms and Campanion App

There are a few forms that have been added to your CampInTouch dashboard related to Covid Protocols including the Community Health Pledge, an Assumption of Risk Health waiver, and a vaccination form. These will need to be completed before a camper arrives at Fleur de Lis.

This summer, we will be using the Campanion App, a user-friendly mobile app, that mirrors your CampMinder account. While you can login to your CampMinder account on your computer or tablet, the Campanion App will be the easier/preferred method for families to complete the mandatory pre-camp health screening questions for each camper. We recommend that you download Campanion today from the App store and log in using your CampMinder account information to familiarize yourself with this very user-friendly system.

Packages

We have decided that we can safely have campers receive more packages during their stay. While we are no longer going to limit campers to receiving only one package (or two for 7-week campers), we

would still ask you to be very thoughtful about limiting these to a small number with a few thoughtful items. We ask this as it can be very sad for a camper who may only receive one or two packages to see a tentmate receive five or six packages. You may want to consider sending something for your camper to share with her Pod or Field. Thank you for your understanding. **Reminder:** Please do not send food, candy or gum as your camper will not be able to keep these items,

Changeover for 7-Week Campers

Originally, we had planned on two options for an in-person visit - 2:00-4:00pm and 6:00-8:00pm. We are strongly encouraging the 2:00-4:00pm time as we have planned a great evening activity for the campers and staff and would be disappointed to have anyone miss out on the fun. One other change from the guidelines is that campers and family members that are vaccinated, can visit outside and unmasked.

Zoom Q&A

Please join us with your questions about these topics or any other questions you may have as you are preparing for the summer on Wednesday, June 9th at 7:00pm
https://us02web.zoom.us/meeting/register/tZItcOCuqjgpGNUpWdRZcXv7ktmK5Xx_uSvj
or Wednesday, June 16 at 5:00pm.
https://us02web.zoom.us/meeting/register/tZAtdOugrjIpEtAayGIFd-CSf9-Vi_Nd3p5F

A session in July will also be scheduled.
Questions? As always, we are happy to help you with any questions!

See you soon!